

parenting for faith®

Ideas to get under-5s chatting to God

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Weave conversational prayer into whatever you're doing

Under-5s learn by watching and copying. So weave your chatting to God into your day. Prompt them to chat too: 'Ooo, tell God which is your favourite animal!'

It doesn't have to be verbal

They could draw a picture of something they want to share with Him or make it out of playdough. They might want to show Him something they've learnt.

Good, bad, happy, sad are all perfect prompts

They got a new toy, let's show God what it does. Their friend snatched a toy, let's tell God how it feels. They bumped their knee, let's show God where it hurts.

They don't have to do it in

their heads

You could get them to whisper into their hands or a cushion. You'll probably want to hear their answers, but try to reinforce that they are talking to God rather than responding to you directly.