

'Where did you see God today?'

God is busy and active in our everyday lives. You might feel him with you, recognise his actions, or see his goodness reflected in the world or in others. Ask yourself, 'Where have I seen God today?' and then use the creating windows and framing tools to help share that with your child or teen. You can also ask them where they've seen God. You could chat about this anywhere – for example, over a meal, at bedtime, or during a car or bus journey.

Here are some ideas of places to look for God...

In creation, beauty or peace

- In the sunrise or sunset
- In the beauty of trees, flowers, or mountains
- In the order and rhythm of nature (like the seasons or the stars)
- In someone's laugh or smile
- In the peace of a quiet moment outdoors
- In the complexity of a snowflake or a raindrop
- In the beauty of music, art, or poetry
- In a sense of God's calm presence in the middle of chaos
- In a sense of God's comfort in a tearful moment
- While feeling gratitude for something small but meaningful

In worship, the Bible or chat and catch

- Feeling comfort, connection, or conviction during a worship song
- Understanding a Bible passage in a new way or noticing something you hadn't noticed before
- Catching a sense of peace or joy while chatting to God
- Remembering an encouraging or challenging Bible verse at the perfect moment
- A sermon illustration, podcast, book, or something on social media that spoke directly to your situation
- A moment of awe and wonder in Communion or worship
- Tying together truth and experience by connecting a Bible story to real life

In help, provision, or protection

- A prayer being answered (quickly or over time, and in an expected or unexpected way)
- Finding something you had lost after praying
- Getting unexpected financial provision
- Safety during travel or an accident avoided
- A solution showing up right when it was needed
- Strength to finish a hard task at work, homework, or a test at school
- 'Godincidences' – coincidences that feel like God's timing, like meeting someone 'by accident' who provided help or encouragement, a phone call arriving at just the right moment, being delayed for a reason that later made sense, or hearing the same Bible verse from multiple sources in one day

In acts of kindness (received or given)

- Feeling God 'nudging' you to do something – to play a small part in his plans (Ephesians 2:10)
- Helping someone and feeling joy in serving
- A God-prompt to reach out to someone lonely
- Paying for someone else or being paid for unexpectedly
- Bringing encouragement to someone who needed it
- Being able to forgive someone you were angry with
- Giving a compliment that made someone's day
- A friend encouraging you
- Someone praying for you (with or without being asked)
- Someone patiently helping you understand something
- A coworker going out of their way to help
- A sibling making amends and forgiving quickly